



SENA NEWS

The Standish-Ericsson Neighborhood Association Newsletter

Volume 19, Number 5, October/November 2011 • www.standish-ericsson.org

Minne Visits Lake Hiawatha



What's that in our lake? Residents of the Standish and Ericsson neighborhoods were surprised in July to find that Minne, a lake creature visiting Minneapolis lakes, had come to visit Lake Hiawatha. She liked our lovely lake and stayed several weeks. Minne is the creation of artist Cameron Gainer and made her visits courtesy of the Minneapolis Parks Foundation. She has her own website: www.lakecreature.com.

Don't Forget!
SENA
Annual Meeting
Monday, October 3
6:30–8:00 p.m.
Lake Hiawatha
Park Building

(27th Ave. S. and E. 44th St.)

Neighbors Meet to Discuss Vandalism

A meeting was held on Aug. 31 to discuss some recent acts of vandalism, particularly the mass breaking of car windows on the night of Aug. 13. The gathering, at the Lake Hiawatha Park building (27th Ave. S. and E. 44th St.), grew out of questions raised on e-democracy.com, the local online forum. It was opened by Capt. Larry Doyle, representing Chief Tim Dolan. Because the crimes were by juveniles, not much specific information was available. Assistant Hennepin County Attorney Tom Arneson gave an overview of the juvenile justice system. Crime Prevention Specialist Karen Notsch talked about safety measures. Lt. Mike Sauro, head of the property crimes section of the Third Precinct, asked the people whose cars were damaged to file damage estimates. Residents were also urged to file impact statements about crimes that affect them, even if they aren't the principal victims.

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Waters of Minnehaha Senior Community Reaches Out to Neighbors



EQUAL HOUSING OPPORTUNITY

The Waters of Minnehaha (3733 23rd Ave. S.), the new senior living community, went from a large excavation to an attractive, modern building in just over a year. It opened in July—its new occupants arriving at about the same time as the landscaping.

The Waters wants to be a contributing member of the community and has planned various events to make connections with its neighbors. This summer, it hosted a petting zoo and an ice-cream social. On Sat., Oct. 8, everyone is invited to a pancake open house (9:00–11:00 a.m.). Besides eating pancakes, people who come will be able to tour the building. Amber Meendering, community life coordinator, says she has heard from many neighbors who watched the building grow and are interested in seeing what it looks like inside.

A wellness fair, with information from various medical areas (eye care, foot care, chiropractic, dentistry, etc.), is scheduled for Nov. 15.

The Waters is also looking for volunteers to help with various activities at various times of day. For more information, contact Amber at (612) 238-2716 or ameendering@thewatersseniorliving.com.

SENA's Twenty Years—Do You Remember?

by Ann King

If you've lived or worked in the Standish or Ericsson neighborhoods during some or all of the past 20 years, you may remember these SENA-sponsored activities.

- **Catch-basin stenciling.** Volunteers working with the Parks and Environment Action Group stenciled an outline of a fish and a name ("Minnehaha Creek" or "Lake Hiawatha") onto the pavement next to drains. The stencils were to remind residents that each drain leads directly to the creek or the river, depending on the location of the drain, and that pollutants, including grass or leaves, damage the water quality.
- **Perennial swaps.** Twice a year, residents and their friends brought plants thinned out from their gardens and traded them for other people's excess plants. The event,

— Continued on page 3 —

Where Is It? (No. 30)



What is this large building, sitting quietly, surrounded by trees and grass? (The answer is on p. 7.)

Neighbor to Neighbor

- Pat, Randy, and Gretchen would like to thank their neighbors Linda B., Linda D., Val, Michelle, and Candace for organizing a spaghetti-dinner fundraiser for 2-year-old Evan. They also say thank you to all the friends, neighbors, and relatives for their help and generosity.
- Joyce B. of 36½ St. thanks her neighbor Charlotte for mowing her lawn several times this summer while she was dealing with troublesome knee issues.

If you would like to recognize the thoughtfulness of a neighbor, send an e-mail to office@standish-ericsson.org with "Thank You" in the subject line.

SENA NEWS

The Standish-Ericsson Neighborhood Association Newsletter

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SENA News is available in alternative formats (e.g., large type) upon request.

Community Events Calendar

October

- 3 SENA Annual Meeting, Lake Hiawatha Park Building (27th Ave. S. and E. 44th St.), 6:30–8:00 p.m.
Roosevelt High School parents meeting (4029 28th Ave. S.), media center, 6:00 p.m.
- 4 Senior congregate dining, Sibley Park (19th Ave. S. and E. 40th St.), 11:30 a.m. (See p. 7.)
- 6 Congregate dining and blood pressure checks, Holy Cross Lutheran Church (1720 E. Minnehaha Pkwy.), 12:00 noon. (See p. 7.)
- 8 Community Pancake Open House, Waters of Minnehaha (3733 23rd Ave. S.), 9:00–11:00 a.m. (See p. 1.)
- 13 Low Vision Support Group, Nokomis Square Cooperative (5015 35th Ave. S.), 10:00 a.m.
- 14 Roosevelt High School homecoming: parade, 3:15 p.m.; game against the St. Clair Cyclones, 4:00 p.m.
- 15 Nokomis Healthy Seniors Fall Frolic, Bethel Lutheran Church (4120 17th Ave. S.), 10:00 a.m.–4:00 p.m. (See below.)
- 25 Senior blood pressure checks, Standish Green (2210 E. 40th St.), 12:00 noon
Last Tuesday at the Midtown Farmers Market (E. Lake St. and 22nd Ave. S.), 3:00–7:00 p.m. (See p. 4.)
- 26 Nokomis Healthy Seniors Health Program: "Coraleers: Holiday Music," Faith Lutheran Church (3430 E. 51st St.), 1:30 p.m.
- 27 Caregiver Support Group, Bethel Lutheran Church (4120 17th Ave. S.), 1:00 p.m.
- 29 Midtown Farmers Market closes for the season. (See p. 4.)
Minnehaha Falls of Fun, Minnehaha Falls Park (4801 Minnehaha Ave. S.), 2:00–4:00 p.m. (See p. 7.)
- 31 Indoor trick or treating at the Waters of Minnehaha assisted-living facility, 4:00–5:30 p.m.
Kids can come and trick or treat with residents.
Halloween party for kids age 12 and under, Sibley Park, 4:30–6:30 p.m. (See p. 7.)

November

- 1 Senior congregate dining, Sibley Park (19th Ave. S. and E. 40th St.), 11:30 a.m. (See p. 7.)
- 3 Congregate dining and blood pressure checks, Holy Cross Lutheran Church (1720 E. Minnehaha Pkwy.), 12:00 noon. (See p. 7.)
- 7 Roosevelt High School parents meeting (4029 28th Ave. S.), media center, 6:00 p.m.
- 10 Low Vision Support Group, Nokomis Square Cooperative (5015 35th Ave. S.), 10:00 a.m.
- 14 SENA Board meeting, 1830 E. 42nd St., 7:00 p.m., handicapped accessible
- 15 Wellness Fair, Waters of Minnehaha (3733 23rd Ave. S.). (See p. 1.)
- 22 Senior blood pressure checks, Standish Green (2210 E. 40th St.), 12:00 noon
- 30 Nokomis Healthy Seniors Health Program: "From Hospital to Home," Faith Lutheran Church (3430 E. 51st St.), 1:30 p.m. Speaker: Jane Hagstrom, Minnesota Visiting Nurse Agency.

Roosevelt Library Renovation

Planning for the renovation of Roosevelt Library (4026 28th Ave. S.) is continuing. The project team is incorporating input from the June and July community meetings into design and layout ideas. Watch for the announcement of another community meeting this fall.

NHS Fall Frolic, October 15

Nokomis Healthy Seniors (NHS) invites everyone to its 4th Annual Fall Frolic on Sat., Oct. 15. The event, which is a fundraiser for NHS, will be held from 10:00 a.m. to 4:00 p.m. at Bethel Lutheran Church (4120 17th Ave. S.). There will be entertainment, a book sale and bake sale (starting at 9:00 a.m.), bingo, raffle prizes, a silent auction, and face and hair painting. Fat Lorenzos and other local restaurants will serve food. If you are interested in purchasing tickets or volunteering for this event, call NHS at 729-5499.

SENA's Twenty Years—Do You Remember?

— Continued from page 1 —

sponsored by the Garden Club, was held alternately at Lake Hiawatha Park (27th Ave. S. and E. 44th St.) and Sibley Park (19th Ave. S. and E. 40th St.).

- **Potluck Bunny Brunch.** Another event that moved between parks was the Bunny Brunch. The first one, held at Lake Hiawatha Park, was a potluck affair. The table was loaded with good things brought by the participants. A couple of years later, the Minneapolis Park and Recreation Board passed a regulation against serving home-cooked food at park events. Eventually, the Bunny Brunch, in a different format, found a permanent home at Sibley Park.
- **Anti-graffiti murals.** Graffiti has been a problem for many years. SENA provides graffiti remover to help residents clean vandalized surfaces. The most successful action against graffiti, however, has been to paint murals on walls that are plain and thus enticing to graffiti artists. In addition to murals put up by building owners (e.g., the Cardinal Restaurant and Bar, 2920 E. 38th St.), SENA has sought and received grants to create murals. Easily seen examples are the “windows” on the west side of TL Graphics (3800 28th Ave. S.), the mural on the alley side of Heart Foods (2235 E. 38th St.), and the wall of Nokomis Pet Clinic (2917 E. 42nd St.).
- **Welcome packets.** Volunteers from the People and Community Action Group periodically spent an evening putting together packets for people to give their new neighbors. The packets contained information about schools, garbage pickups, library hours, useful city and county phone numbers, etc., as well as discount coupons from participating neighboring businesses.
- **Blooming Boulevard, Blooming Alley Contest.** The Garden Club sponsored this contest for several years. People nominated their own or their neighbors’ boulevard gardens or gardens visible from the alley. The winners received appropriate prizes, such as a gardening book.
- **Computers for the library.** Strange as it may seem now, in 1997, there was no computer at Roosevelt Community Library (4026 28th Ave. S.). The People and Community Action Group spent part of its Neighborhood Revitalization Program (NRP) money to buy a computer for use by youth only. (Adults could use the computer if no child wanted it.) Many young people enjoyed the educational game “Oregon Trail,” in which the players calculated the supplies, route, and stopovers needed to get across the country in a covered wagon. Later, SENA bought a computer for adults.
- **Computers for the schools.** In 2000, SENA’s NRP plan included money to help with a computer lab at Roosevelt High School (4029 28th Ave. S.), and later, the plan purchased some computers for the now-closed Folwell Middle School (3611 20th Ave. S.).

Southside Star Garden Flourishes

The Southside Star Community Garden, now in its second year, is a lush, green place. By September, it was producing lots of fresh vegetables and flowers for the hard-working people who cultivate its plots.



Committee UPDATES

The **Business, Development, and Transportation Committee** meets the first Thursday of the month at 6:30 p.m.

Meetings are held as needed for the **Communications Committee, Newsletter Subcommittee, Graffiti Task Force, Housing Committee, and Quality of Life Committee.** Call the office (721-1601) for more information.

Meetings are generally held at the SENA Office, 1830 E. 42nd St.

A Long Tradition of Scouting in Standish and Ericsson

by Sam Ridenour

For nearly a hundred years, local boys have congregated at St. Helena Catholic School (3200 E. 44th St.) for meetings of Boy Scout Troop 38. Scouting has a strong and steady history in the neighborhood; in fact, Troop 38 has graduated 26 Eagle Scouts (the highest level achievable) over the years. Although the story goes way back, the benefits of scouting remain relevant to this day.

“The most important thing about scouting,” says Dan Fehler, cubmaster of Cub Scout Pack 38, “is just getting outside. We live in a city, and sometimes it’s hard to shut off the screen, open the door, go out, and get a little dirty.”

Today, Pack 38 is made up of boys from the Standish, Ericsson, and Longfellow neighborhoods. About half of them attend St. Helena. The rest attend Dowling, Northrop, Hiawatha, and Seward Montessori.

“We learn a lot in school about the environment and how to protect it,” Fehler says, “but in scouting we learn how to have fun in the environment, too (and to make sure our fun is responsible).”

Cub Scouts is for boys in kindergarten through fifth grade, and Boy Scouts is for sixth grade through high school. Boys can join any time. For more questions or to sign up, contact Dan Fehler at 724-6284, e-mail cubmaster38@gmail.com, or check them out on the web at www.BSAPack38.org.

SENA News gratefully acknowledges a donation from:

(612) 728-2230
Nokomis@CBBurnet.com
www.NokomisTeam.com

Aaron Ritchie
Jay Anderson
Nick Archer

45 Years Combined Experience

Plastics Recycling Pilot Program

If you faithfully recycle your plastic bottles with necks, you may be frustrated at having to put all other plastic containers in the trash. Well, good news! There is a pilot program for hard-to-recycle plastics currently not accepted by the city's curbside recycling program. The program is a collaboration among the City of Minneapolis, Eastside Food Co-op, and Republic Services.

The program accepts any plastic container (no lids) labeled #1 through #7 *except* prescription bottles. Look for the number inside the recycling logo triangle. Rinse, sort, and bring your plastics to Eastside Food Co-op parking lot at 2551 Central Ave. NE, Thursdays from 3:00 to 7:00 p.m. and Saturdays from 10:00 a.m. to 2:00 p.m.

Sort your plastic containers into the following groups: #1 (PETE) clear; #1 (PETE) white and colored; #2 (HDPE) natural (translucent); #2 (HDPE) white and colored. These containers can all be mixed together: #3 (PVC), #4 (LDPE), #5 (PP), #6 (PS), and #7.



Sorting the containers is important. They are worth more, for example, when clear is separated from colored. Hundreds of combinations of plastic resins are used in packaging. A recycler could refuse a "contaminated" sort because it is less marketable and stop working with the pilot program.

From Eastside, the #1 and #2 plastics go to a recycling company contracted by the City of Minneapolis. The #3–#7 sort is delivered to Republic Services in North Minneapolis, where it is packed into 1,500-lb. bales and stored until a boxcar load has been accumulated. The sort is shipped to a company in St. Cloud and melted into plastic pellets, which are then re-manufactured for low-grade plastic needs, such as pallet strapping plastic.

If you have questions about this program, call (612) 788-0950. To learn more, go to <http://www.eastsidefood.coop/content/plastics-recycling-eastside>.

Fire Destroys Church on 42nd Street



Fire trucks responded to the fire at 3115 E. 42nd St. (Photo by Tessa M. Christensen)

An early-morning fire on Sept. 12 destroyed the 100-year-old church at 3115 E. 42nd St. Although vacant in recent months, the building had housed several churches over the years, including Across Nations Church and Cedar Grove

Missionary Baptist Church. Most recently it was a furniture store.

Firefighters fought the blaze as neighbors gathered in pajamas to watch. The power to neighboring properties was shut off for several hours. Investigators indicated that arson was the probable cause of the fire.

Midtown Farmers Market: Making Market Discoveries

by Judy Peacock



Martha Zemur and her aprons at the Midtown Farmers Market. (Photo by Mike McGorray)

There are many things to discover each week at the Midtown Farmers Market (E. Lake St. and 22nd Ave. S.). For example, you might discover an exotic melon, sample a new flavor, or learn about honeybees in northern climates. My discovery this summer was artist and seamstress Martha Zemur.

I'd been looking for a chef-style kitchen apron for several years—with no luck. Then, while shopping at the market one Saturday, I came upon Martha and her hand-sewn aprons. I didn't see an apron in the colors I wanted, but "The Apron Lady," as Martha calls herself, said she could custom-sew an apron for me.

The following week Martha showed me fabrics she thought might work for my apron. In the meantime, I had found some scraps of material that fit my kitchen décor (lemons, limes, and oranges). Martha saw no problem in turning the scraps into an apron. When I returned to Martha's booth the next Saturday, there it was—the perfect apron! It was perfectly stitched, double sided and lined, with lime green and orange ties and a pocket. Plus, it was just the right length for me.

My next project for Martha is kitchen curtains. If you'd like Martha, a Longfellow resident, to sew something for you, contact her at mzemur@gmail.com.

And, be aware, there's only one more month to make market discoveries. The last Tuesday market will be Oct. 25 (3:00–7:00 p.m.) and the last Saturday market will be Oct. 29 (8:00 a.m.–1:00 p.m.).

Harvest at the Midtown Farmers Market



The market was bountiful in August. People filled their bags with vegetables, flowers, crafts, and goodies. As always, they also enjoyed sitting by the stage to hear the music.



Nokomis Pet Clinic: Owner Enjoys Challenges His Work Brings

by Tessa M. Christensen, Standish Resident



Nokomis Pet Clinic, 2917 E. 42nd St.

Every day in the veterinary business brings surprises for Dr. Amos Deinard, owner of Nokomis Pet Clinic. He likes it that way. "I enjoy that every day there is something new—even if you think you have seen it all, you haven't," Dr. Amos observed. Each pet that comes into his office brings a problem that he needs to solve. It's like putting a puzzle together.

Lifelong Animal Lover

Ever since he was a kid sharing a home with three dogs and five cats, Dr. Amos has been an animal lover. "I enjoyed science and medicine, but was more interested in veterinary medicine than human medicine," he explained.

His journey to become a veterinarian began at the University of California–Berkeley, where he earned his bachelors degree; continued at Yale University in Connecticut, where he pursued his PhD; and ended at the University of California–Davis with the completion of his DVM.

Dr. Amos worked in both California and Louisiana. He and his wife, Yukiko, decided to return to Minneapolis, the place where he had grown up, when their son, Eliam, was born.

Pet Clinic Owner

Dr. Amos has been working out of his vet clinic in South Minneapolis since 2009. He searched for some time for a stand-alone building under 4,000 square feet, knowing that anything

else would be too large. He wanted to situate himself where there were currently no other vet clinics. All the pieces came together with the location at 2917 E. 42nd St.

Nokomis Pet Clinic is a full-service, small-animal veterinary hospital providing progressive medicine, surgery, and dentistry to the companion animals of Minneapolis's Nokomis Community and surrounding neighborhoods. Additional services include radiology/X-ray, pediatric and senior care, behavioral counseling, allergy testing and immunotherapy, and prescription diets.

Community Oriented

Dr. Amos enjoys being a part of the community where he works. During the summer of 2010, he linked with SE-NA's Graffiti Task Force and artist Elise Kyllö to have a mural painted on the west wall of the pet clinic.

Once a year, he arranges for the



Dr. Amos Deinard with Dosh and owner Lori Vander Poel.

Red Cross Bloodmobile to visit the neighborhood.

Dr. Amos is also the president of the West of the Rail Business Association, a business service organization dedicated to helping neighborhood businesses grow. "A strong association can help promote the neighborhood overall," he says. "It can help maintain low vacancy rates in those buildings zoned for commercial. Empty storefronts don't help anyone."

Nokomis Pet Clinic • 2917 E. 42nd St. • Phone: 767-4546 • Website: www.nokomispetclinic.com

"Committed to promoting responsible pet ownership, preventative health care, and health-related educational opportunities for our clients."

Hours: Monday, Tuesday, Thursday, and Friday, 8:00 a.m. to 5:00 p.m.; Wednesday, 2:00 to 7:00 p.m.; Saturday, 9:00 a.m. to noon

News from Roosevelt High School

This fall, Roosevelt High School (4029 28th Ave. S.) welcomed 1,000 students, including 300 incoming freshmen, for the start of the new school year. Leading the welcome was Principal Michael Bradley, who is entering his first year as the principal for both Roosevelt High School and Wellstone International High School. Joining Mr. Bradley on the new leadership team are Assistant Principals Sally Reynolds and Michael Walker.

For the third straight year, Roosevelt has been awarded a Gold Wellness by Design School Award from the Hennepin County Human Services and Public Health Department. The award recognizes public and private schools that exceed requirements

for creating healthy environments for students and staff.

In June, Roosevelt's collision repair and refinish technician-training program received full accreditation by the National Automotive Technicians Education Foundation (NATEF). The award follows NATEF certification of the school's automotive services (mechanical) track in early 2010. Roosevelt is the only secondary school in Minnesota to be NATEF certified for its mechanical and auto body repair programs. Congratulations to Curtis Franks, Ashraf Khalafalla, Brian Nutter, and Lorrie Westergreen of the Auto and Construction Program for their work in securing the award.

Neighborhood Feature

Primed for Solutions

by Judy Peacock

Standish resident Karen Baumgaertner believes that her neighbors have “a natural affinity toward waste reduction and sustainability solutions.” That’s why she agreed to help the Recycling Association of Minnesota (RAM) with a pilot program to test the costs and benefits of recycling child car seats.

Karen, the mother of two small children, understands the difficulty of disposing of used car seats safely and responsibly. To begin with, the City of Minneapolis does not accept car seats for recycling.

Child car seats have expiration dates, beyond which they should not be used. The plastic and other materials in car seats deteriorate, eventually rendering them unsafe. The expiration date, generally six years, is stamped on the car seat by the manufacturer. If the car seat has been in an accident, it is also rendered unsafe. Minnesota law bars charities and other nonprofits from accepting used car seats for sale or donation because the history of the car seat is not verifiable.

Unexpired, crashfree car seats might be passed along to friends and relatives. Without this trust connection, however, the only option for disposal is to throw the car seat in the trash. This seems like a big waste to Karen and many of her neighbors.

Recycling Association of Minnesota seeks to promote resource conservation through a variety of initiatives. When the executive director (who is also a friend) asked Karen to set up a drive for used car seats at her workplace, Karen knew that her neighborhood would be a better source. Besides the

environmentally friendly atmosphere, she perceived a “nice little baby bump” in Standish and Ericsson.

Karen posted a request for car seats on the neighborhood online forum and within a few days she had 15 on her front steps—more than enough for RAM’s pilot program.

Hennepin County residents can now bring car seats to RAM’s retail store in Wayzata (852 Lake St. E.; www.recycleminnesota.org; call 952-473-0048 for hours). It costs \$10 per item. RAM recycles all parts of the seats, and all parts are recycled in Minnesota. RAM also offers drop-off sites in Carver County and in Coon Rapids. A media campaign to encourage recycling of car seats is in the works, but Karen and her neighbors are already primed.



Karen Baumgaertner with Jane, age 5, and William, age 18 months. Karen plans to recycle the car seat when the safety date expires.

News from Northrop, Your Neighborhood School

by Sam Ridenour

In the waning days of summer, crickets and cicadas sing in an ancient language lost to many. Children, however, are skillful interpreters, and to them the message is clear: vacation is over and school has begun. Fortunately, for students at Northrop Urban Environmental Learning Center (4315 31st Ave. S.), the educational benefits of play are highly valued; therefore, the start of classes does not mean the end of fun.

This year, Northrop welcomes Playworks Twin Cities, whose mission is “to improve the health and well-being of children by increasing opportunities for physical activity and safe, meaningful play.” Several full-time Playworks coaches will join the school community to provide organized activities during recess; leadership opportunities in individual classrooms; and tutoring, physical activity programs, and developmental sports leagues after school. For more information, visit www.playworks.org. (Disclosure: Outgoing SENA Board President Tom Evers is now the executive director of Playworks Twin Cities.)

Students have another fun and unusual educational prospect this year, in the form of the Northrop plot at the Southside Star Community Garden (32nd Ave. S. and E. 41st St.). Over the spring and summer, teachers and parent volunteers planted cucumbers, tomatoes, corn, zucchini, eggplant, beans, radishes, and more. The garden, which is a very short walk from the school, will offer a bounty of scientific learning opportunities, not to mention delicious and healthy organic snacks.

Inside the school building, the commitment to quality education is stronger than ever, as evidenced by the increased involvement of the Minnesota Reading Corps (MRC). MRC is a nonprofit program to help every Minnesota child become a successful reader by the end of third grade. Four full-time MRC members will work with students in grades K–3 to boost students’ reading skills, and one half-time member will work in the Hi-5 classroom to give the youngest Northrop students a head start toward a lifetime of reading enjoyment.

The fun and learning don’t have to be restricted to school hours either, as Northrop also offers on-site before- and after-school daycare, called Minneapolis Kids. Activities for group and individual play include crafts, music, art, computers, sports, cooking, storytelling, and dramatics. A minimum enrollment of two days per week is required. There is a fee for the service; however, some families may qualify for financial assistance. Call 668-3890 for more information or e-mail mpls.kids@mpls.k12.mn.us.

SENA News gratefully acknowledges a donation from:

Neighborhood Dentist

Edward M. Farsht D.D.S.

4204 Cedar Ave. S. Mpls.

612-722-9292



We work with all dental insurance.



We accept Medical Assistance.

25% Discount for people with no dental insurance.

Events at the Parks

Lake Hiawatha Park (27th Ave. S. and E. 44th St., 370-4930)

Little Lakers. Preschool classes are available on Mondays until Dec. 12 (9:00 a.m.–1:00 p.m.).

Kids' Night Out is from 6:00 to 9:00 p.m. every Friday year around.

Adult Yoga classes are held from 10:45 to 11:45 a.m., every Saturday year around.

Small ghosts and goblins, do you need a place to celebrate Halloween? Bring the family to Minnehaha Falls of Fun (Minnehaha Falls Park, 4801 Minnehaha Ave. S.) on Sat., Oct. 29, from 2:00 to 4:00 p.m.

Sibley Park (19th Ave. S. and E. 40th St., 370-4954)

Senior luncheons. Join your friends on Tuesdays, Oct. 4 and Nov. 1, at 11:30 a.m. The cost is \$6.

Fall Sports. Register for volleyball (4th through 9th grade, boys and girls). Practices begin in early October, and games will be Oct. 29 to Dec. 13. Volunteer coaches are needed; apply at the park.

Winter Sports. Registration for hockey and basketball begins Nov. 1.

Halloween party. It's on Mon., Oct. 31, for kids 12 years and under (4:30–6:30 p.m.). Come in costume!

RecPlus School-Age After-School Child Care Program. The program is for children in kindergarten through 6th grade. Call Sibley Park and speak to Leama or Brian for more details.

Fall Program Registration. You can continue to register for these programs. Check out the park website (www.minneapolisparcs.org) for all the listings, details, and registration information.

Senior Activities

Activities for seniors that occur on specific dates are listed in the calendar on page 2. The following are recurring social activities. (1) Creativity and Conversation, an art group for women, at Bethel Lutheran Church (4120 17th Ave. S., 729-5499) every Wednesday from 10:00 a.m. to 1:00 p.m. Bring whatever project you would like to work on. There will be coffee and treats and, of course, good conversation. (2) The Nurse Is In at Bethel Lutheran Church (4120 17th Ave. S., 729-5499) on Thursday mornings. Seniors can chat over coffee and cake, have a blood pressure check, or schedule a pedicure. (3) Tuesday Morning Ladies Social meets at Sibley Park (19th Ave. S. and E. 40th St., 370-4954) at 9:30 a.m. Free! Come join the group to chat, have some laughs, and enjoy great discussions over coffee and homemade treats. The group meets "downstairs" in the art room. (4) Congregate dining 12:00 noon Monday–Friday, Holy Cross Lutheran Church (1720 E. Minnehaha Pkwy.). Call 729-6668 three days ahead. \$3.50.



Sibley Park Cornfeed



Lots of people came to the Sibley Park Cornfeed on July 29, ate the golden ears, and listened to live music from a jazz band. The weather cooperated, providing a great summer evening for sitting on the hill and watching a movie on a giant screen.

Lake Hiawatha Festival



An enthusiastic crowd enjoyed a variety of activities at the Lake Hiawatha Festival on Aug. 3, including pony rides, a pet wash, and miniature golf. The talent show winners were Kiora Burgess Mathews (first place), Samantha Synten (second place), and Lila Allgood (third place). Family fitness awards went to Alexys and Matt Duffy (first place), Kyle and Elliot Gustafson (second place), and Guadalupe and Luis Bostos (third place).

Answer to Where Is It? (No. 30)

This is St. Helena School in August, waiting for its students to return. The photo was taken from E. 44th St., near 33rd Ave. S.



SENA

Standish-Ericsson Neighborhood Association
1830 E. 42nd St., Minneapolis, MN 55407-3461

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Executive Corner

Sam Newberg

Sam Newberg is vice-president of the SENA Board. He has lived in the Standish Neighborhood since 2004.

per's writing is worth paying attention to. He provides inspiration through his writing about neighborhoods and community. In 2007, his book *The Great Neighborhood Book—A Do-It-Yourself Guide to Placemaking* was published, and just last year, *All That We Share—Field Guide to the Commons* came out.

The Great Neighborhood Book reads like a "how-to" guide for regular citizens to get involved and make their neighborhoods a better place. Jay cites examples from all over the world, like forming block clubs, calming traffic, and making the most of limited resources. Examples in our own neighborhood that remind me of Jay's work include the Southside Star Community Garden, the bike racks at business nodes, and even the cow outside A Baker's Wife. These are the things that add interest and soul to our neighborhood. They are focal points and give us something in common to talk about.

Sometimes we don't need to look far for inspiration for our neighborhood. In this case, look no farther than the Kingfield Neighborhood and writer Jay Walljasper. Jay is a colleague and friend of mine, and we are both part of the Citistates Group, an informal network of writers who focus on urban and regional issues. Jay Walljasper's

All That We Share is a call to recognize exactly that—all that we share: our streets, sidewalks, parks, schools, light rail, air, sewers. The subtitle is *How to Save the Economy, the Environment, the Internet, Democracy, Our Communities and Everything That Belongs to Us*, and it includes essays by Robert Reich, Winona LaDuke, and Robert F. Kennedy Jr., and an introduction by Bill McKibben. The website onthecommons.org can provide more information if you are interested, but certainly all that we share is a good discussion at the neighborhood level.

While it is certainly true that some of the examples of neighborhood improvements are directly the result of SENA, our neighborhood association is but a small part of what makes our neighborhood great. Great things like individual gardens make our neighborhood more beautiful and livable, and it is up to all of us to keep up the good work. Get to know your neighbors, start a block club, plant a tree, patronize a local business, get involved with SENA, or volunteer elsewhere in our neighborhood. But remember, and this is my favorite example from Jay's *Great Neighborhood Book*: do nothing in particular; sometimes it's important to simply enjoy what's already there.

Good advice, Jay. I'll see you all around the neighborhood!